



BECOMING AMAZING! USING THE POWER OF PERSPECTIVES AND ENGAGEMENT TO TRANSFORM YOUR WORLD

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Nothing is so ordinary
as the desire to be extraordinary.

- *Al Capp*



We often yearn for meaningful work and a meaningful life.

We have a desire to contribute our talents and make a positive impact.

Simply put, we want to be amazing!

BECOMING AMAZING!

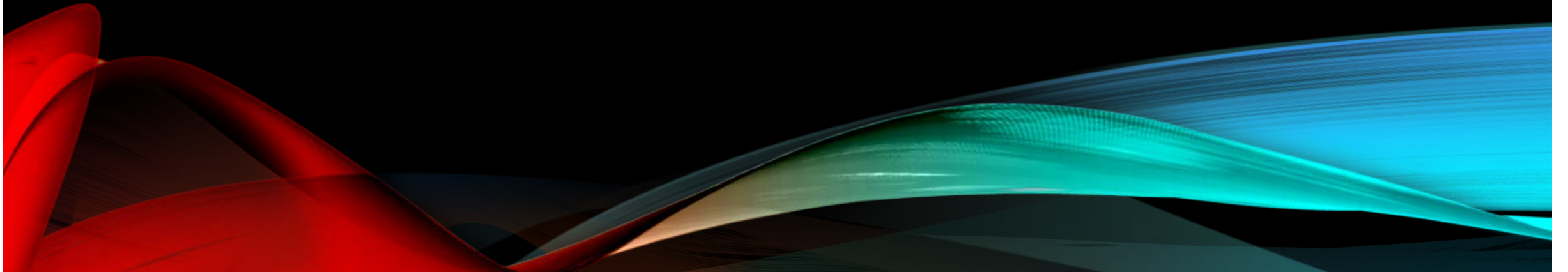


What would it mean if we could do that from the seat
that we are in?

What possibilities would it hold if we could unleash our
potential?

BECOMING AMAZING!

BARRIERS



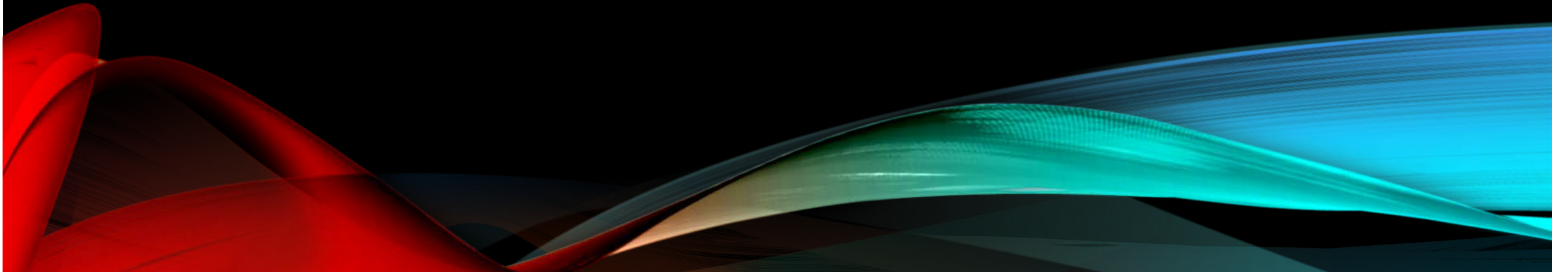
- 
- Triggers
 - Lack of Relationship
 - Negative self-talk
 - Lack of confidence
 - Worrying about failing
 - Imposter Syndrome
 - Busyness

BARRIERS

TOOLS

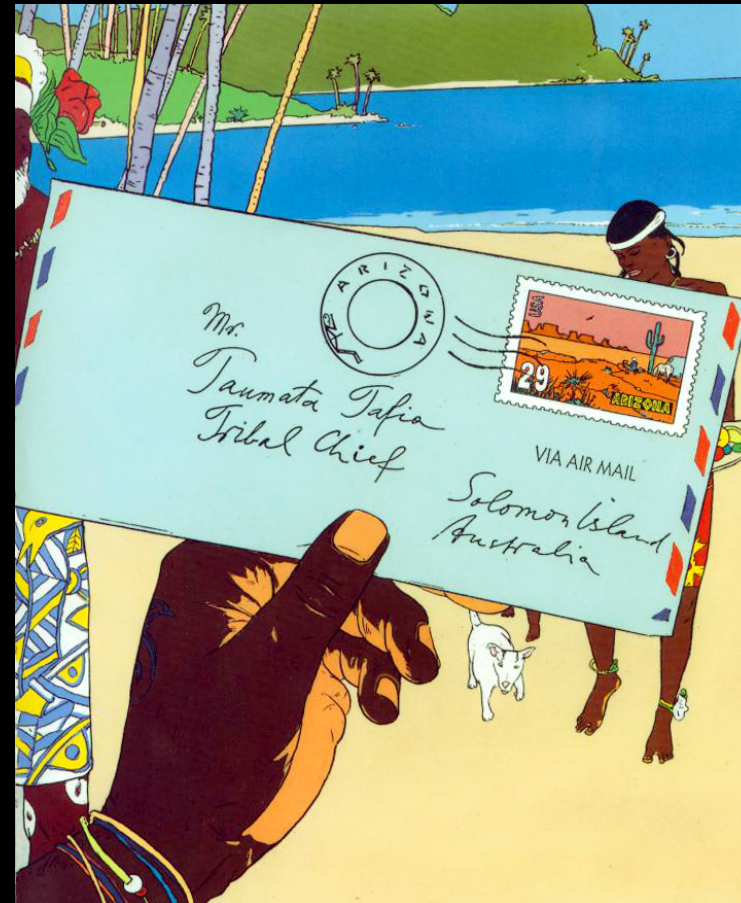
As soon as you change your perspective,
the circumstances are the same and everything is different.

- *Paul Axtell*



PERSPECTIVE/PARADIGM SHIFTS

- Zoom



TOOLS

PERSPECTIVE/PARADIGM SHIFTS



■ or ■

TOOLS



We keep moving forward,
opening new doors,
and doing new things,
because we're curious
and curiosity keeps leading us down new paths.

- *Walt Disney*

PERSPECTIVE/PARADIGM SHIFTS

- A Parable

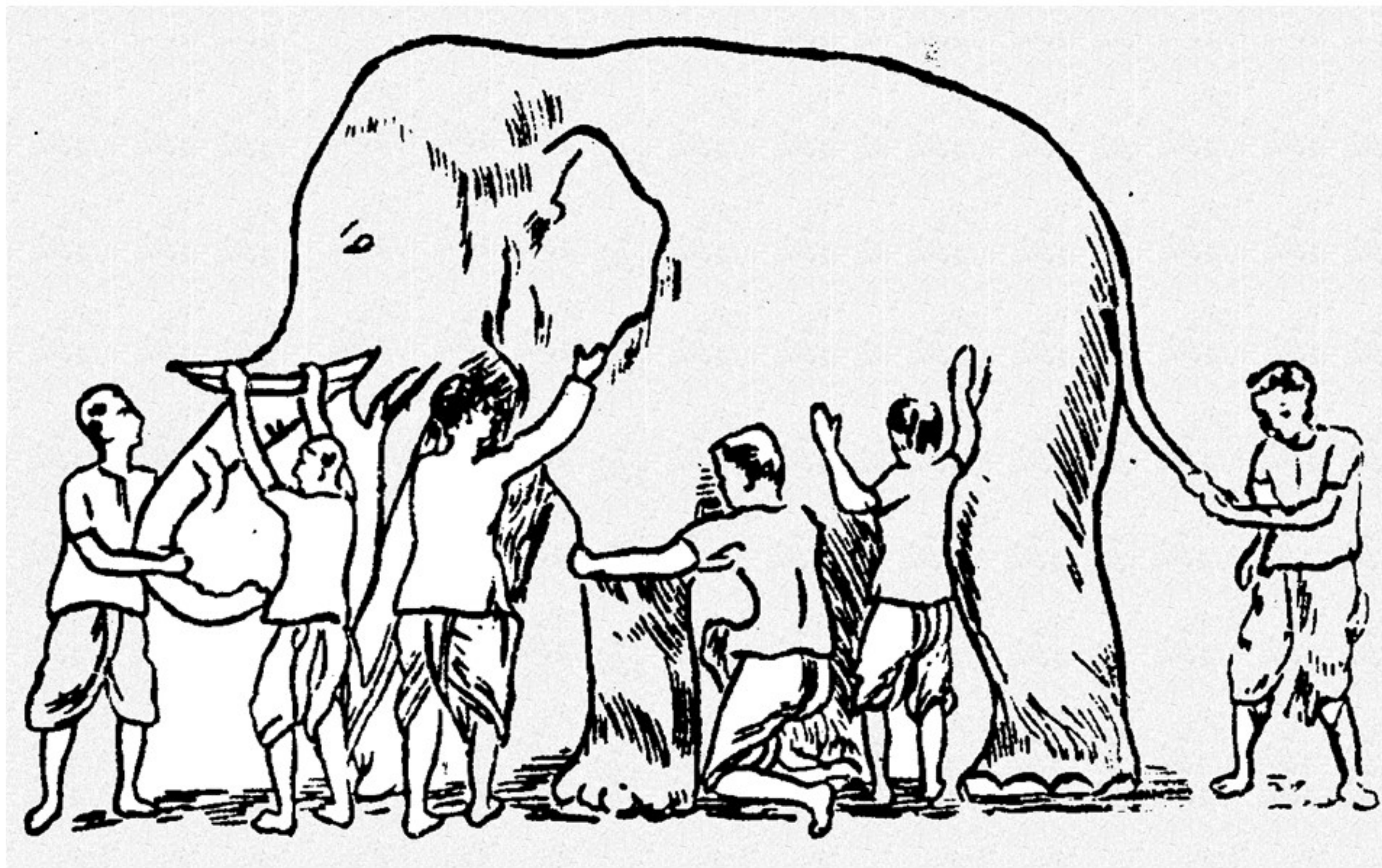
TOOLS

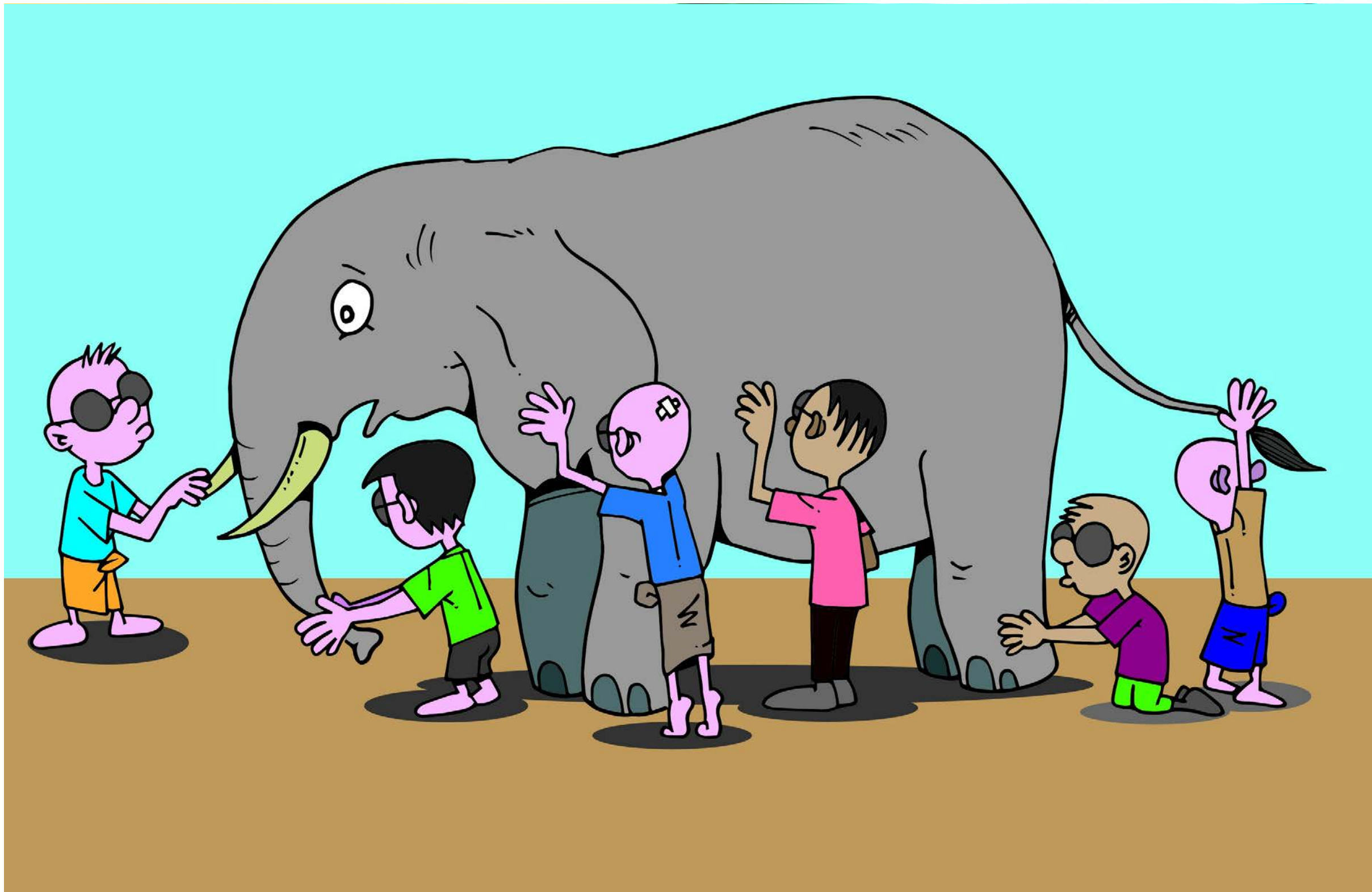
衆瞽
摸象之圖

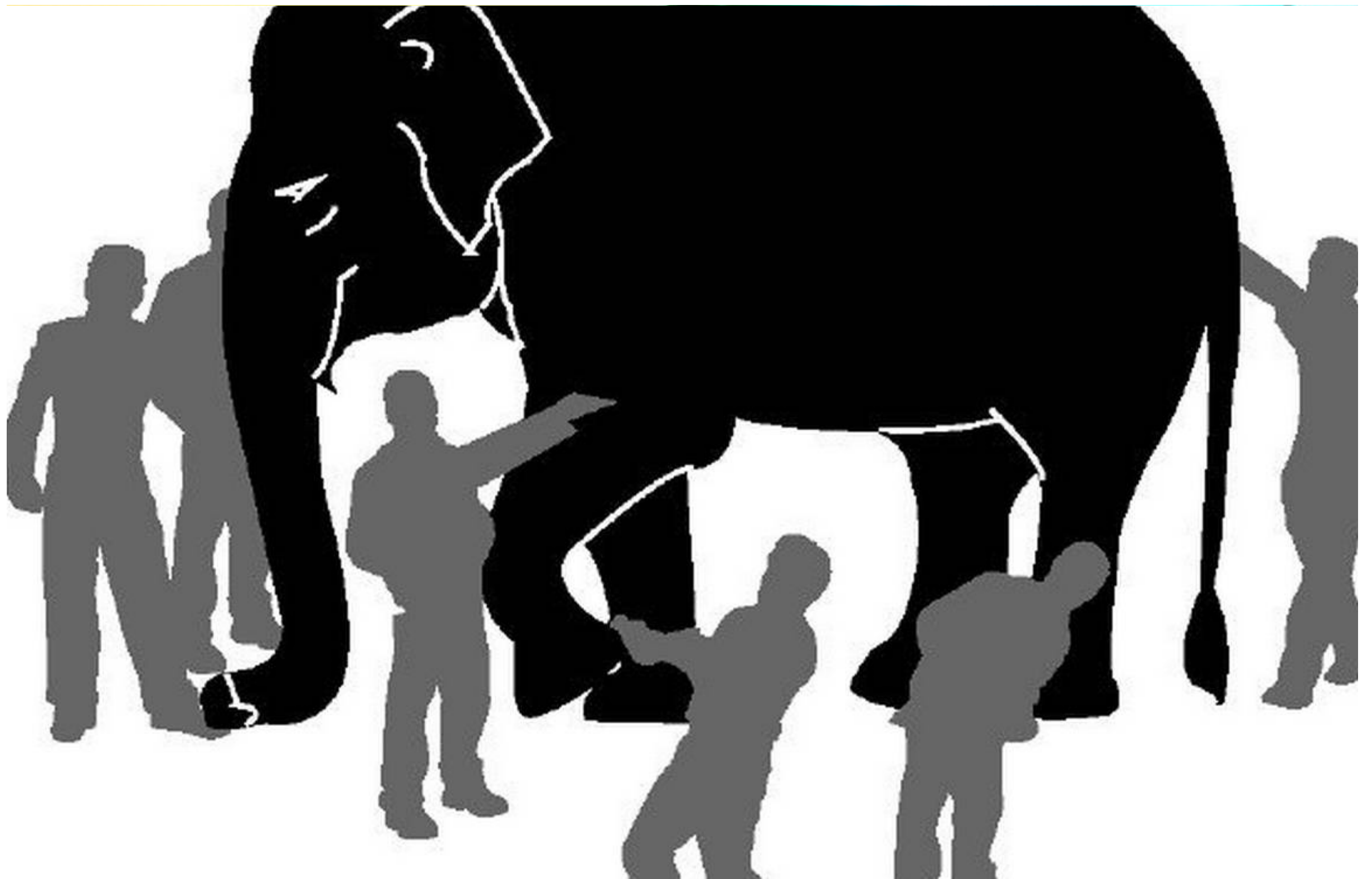








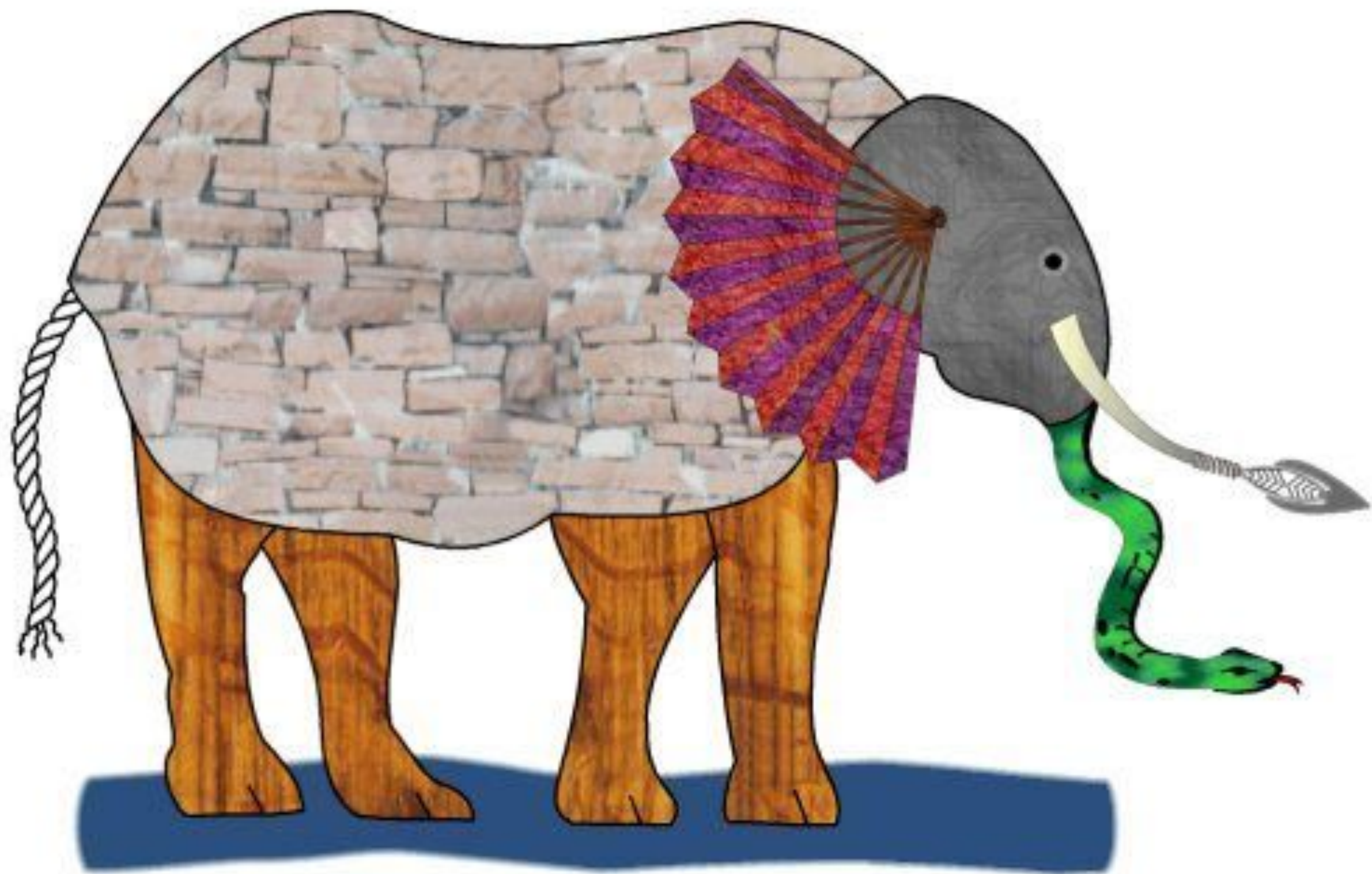




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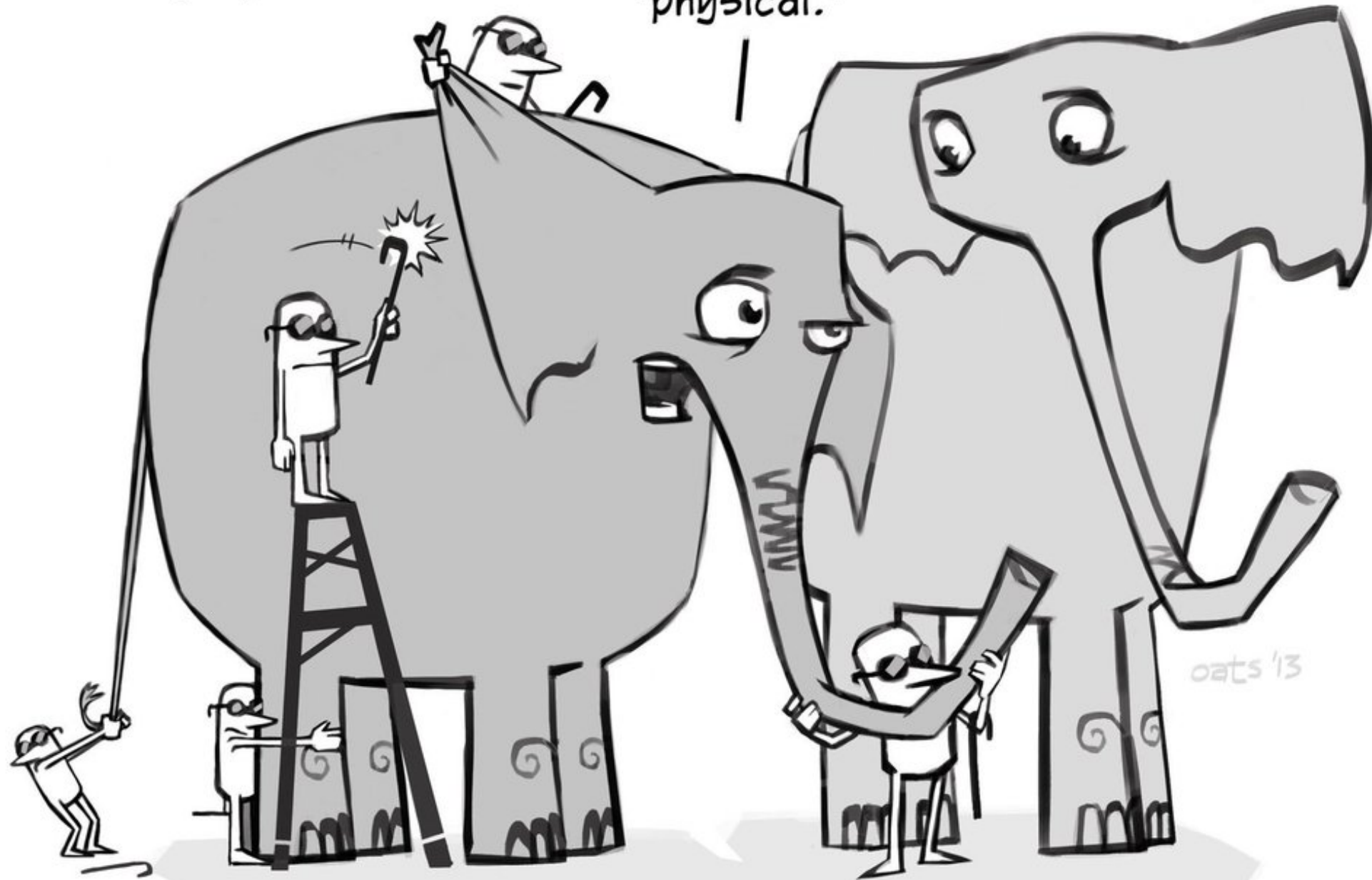


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I know
I'm serving my
metaphysical
purpose...

...but I'd
prefer more
"meta" and less
"physical."



PERSPECTIVE/PARADIGM SHIFTS

- Practice

TOOLS

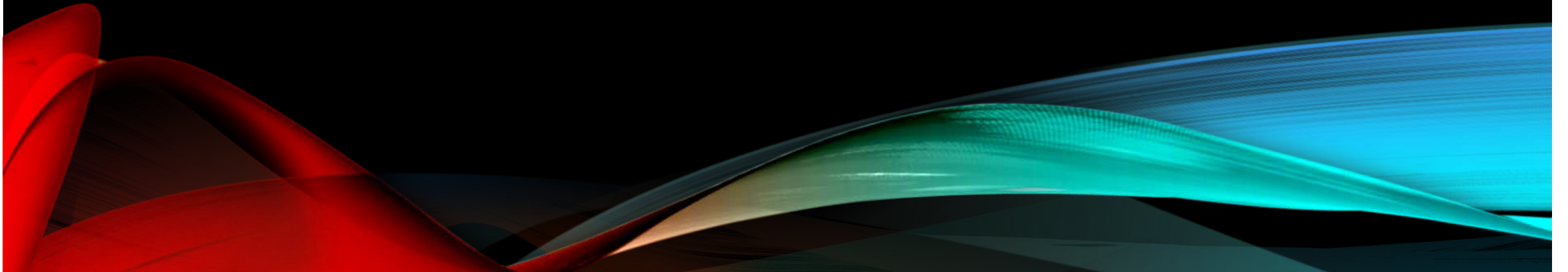
SUCKING AT SOMETHING

**IS THE FIRST STEP TO BECOMING SORTA GOOD
AT SOMETHING**

quickmeme.com

If civilization is to survive, we must cultivate the science of human relationships - the ability of all peoples, of all kinds, to live together, in the same world at peace.

- *Franklin D. Roosevelt*



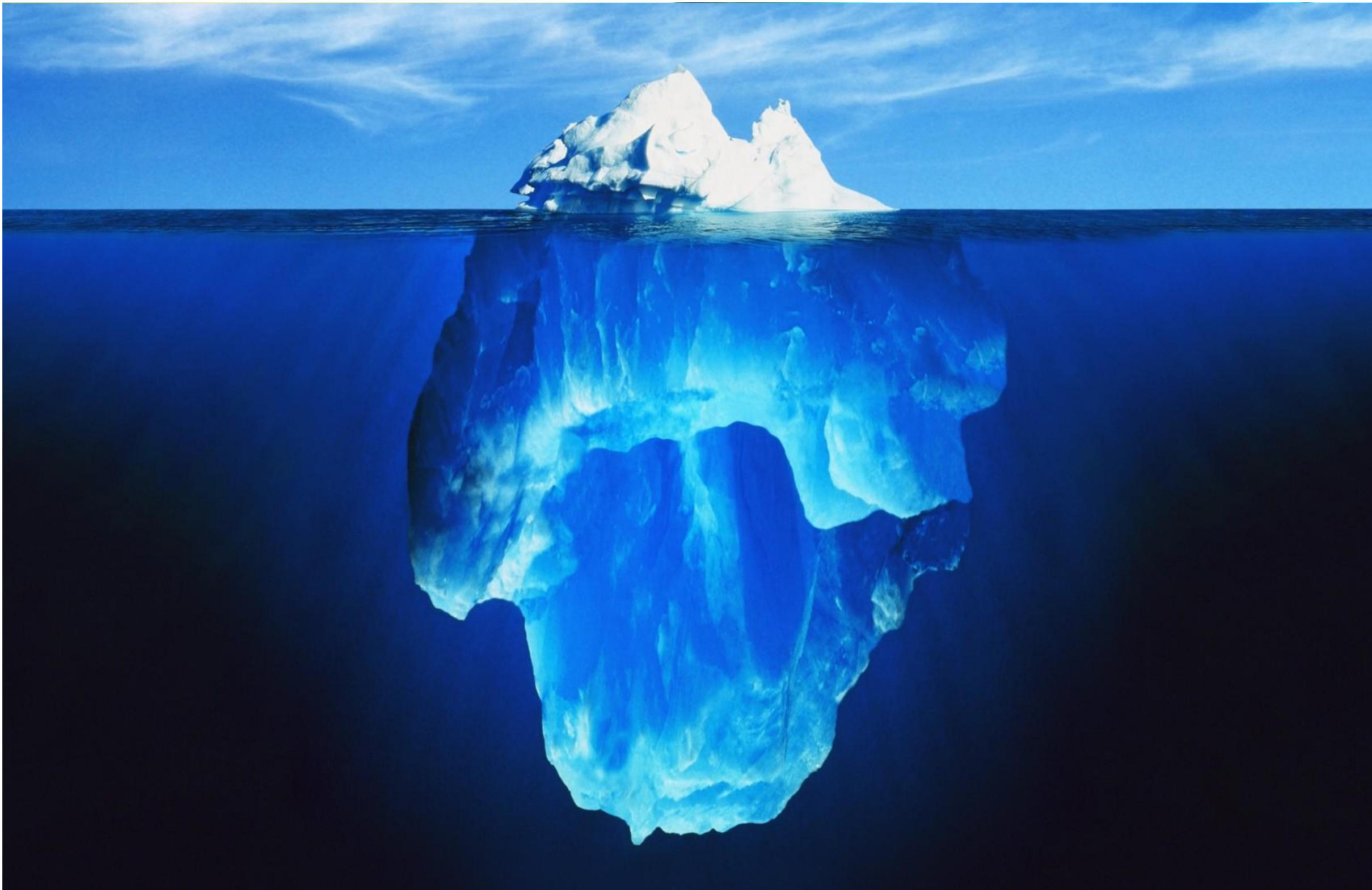


RELATIONSHIP

- Others
 - Set aside the right to be offended

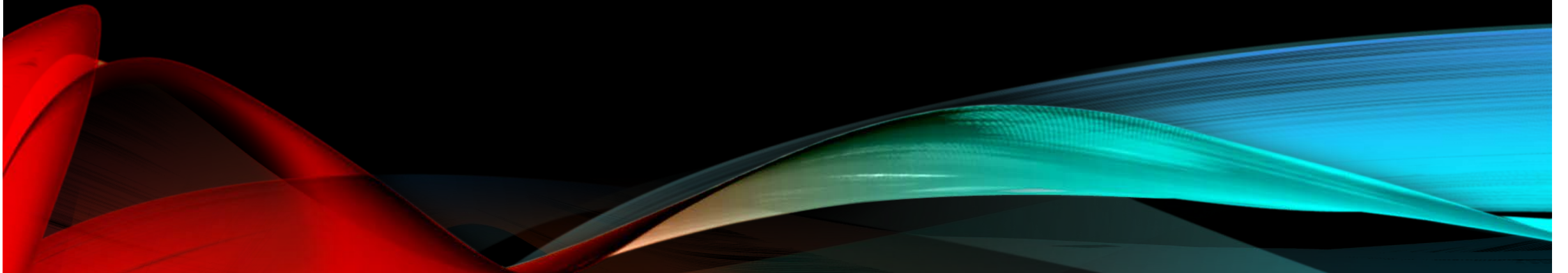
“No one wakes up trying to mess up my day!”

TOOLS



Just listening without adding to or changing the
conversation is what is important.

- *Michael Nichols*





RELATIONSHIP

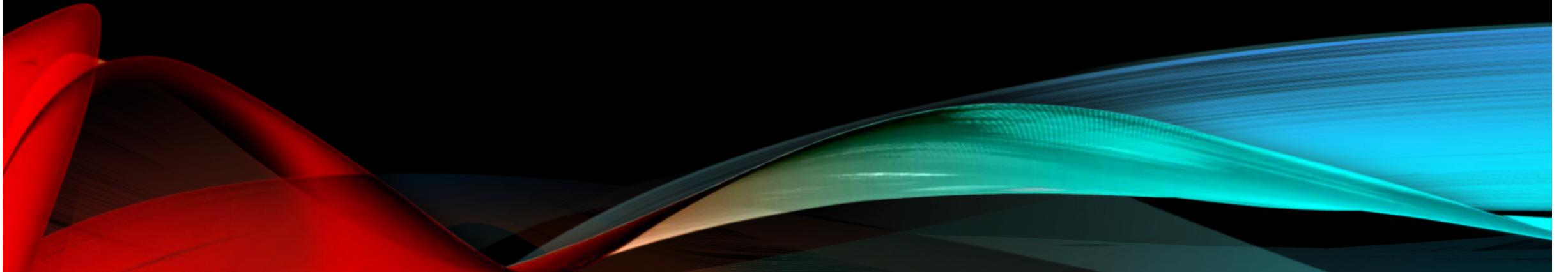
1. What are you proud of - especially things/people you don't usually speak about?
2. Tell me about your family or neighborhood.
3. How would you like to make a difference before you leave this job?

TOOLS

When you talk, you're only repeating what you already know.

If you listen, you may learn something new.

– *Dalai Lama*





RELATIONSHIP

- Emotional bank account
 - Deposits
 - Withdrawals

The shortest distance between two people is a story.
– *Patti Digh*

TOOLS

“If only you could sense how important you are to the lives of those you meet; how important you can be to people you may never even dream of. There is something of yourself that you leave at every meeting with another person.”

– *Fred Rogers*



RELATIONSHIP

- Self-love
 - Stepping outside ourselves

TOOLS

RELATIONSHIP

- Self-love
 - Reframing
 - Situation
 - Emotion or feeling
 - Negative thought
 - Evidence that **supports** thought
 - Evidence that **does not support** thought
 - Alternative thought
 - Emotion or feeling

TOOLS

Your head is a bad neighborhood. Don't go there alone.

—*Mary Karr*



RELATIONSHIP

- Self-love
 - Being coachable

TOOLS

RELATIONSHIP

- Self-love
 - Sharping the Saw
 - Being your best self requires taking care of ourselves in a range of ways (i.e., physically, emotionally, intellectually, etc.).

TOOLS

You are exactly as you should be given your history.
The question is: who do you want to be going forward?

- Paul Axtell

ENGAGEMENT

- Being productive
 - X by Y by Z
 - Tracking and measuring
 - Schedule events
 - Give your word and keep it

TOOLS

The secret of getting ahead is getting started.

—Mark Twain



ENGAGEMENT

- Being persistent –
 - Resilience
 - The power of grit

Remember, it's a marathon not a sprint

TOOLS

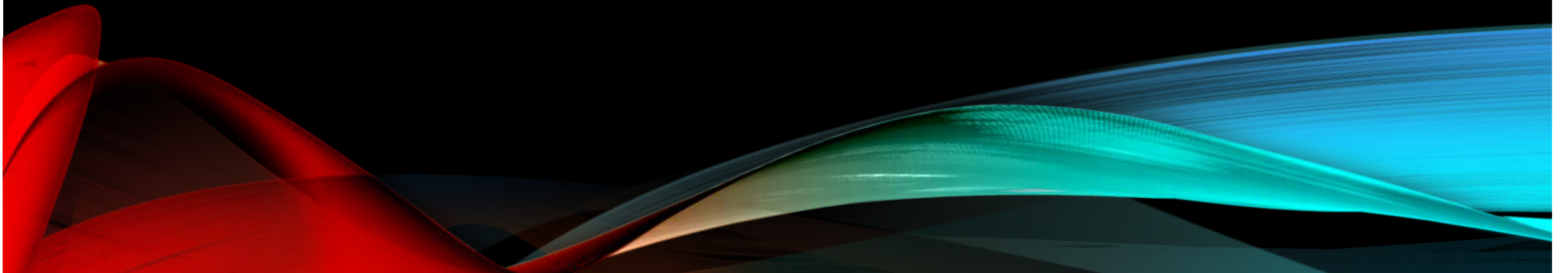
Truth passes three phases:

First, It Is Ridiculed.

Second, It Is Violently Opposed.

Third, It Is Accepted As Self-Evident

– *Arthur Schopenhauer*






ENGAGEMENT

- Being grateful –
 - For 21 Days
 - Write down 3 things you are grateful for
 - Journaling on positive experience you had that day
 - Do random acts of kindness – support
 - Exercise – behavior matters
 - Meditate - focus

TOOLS



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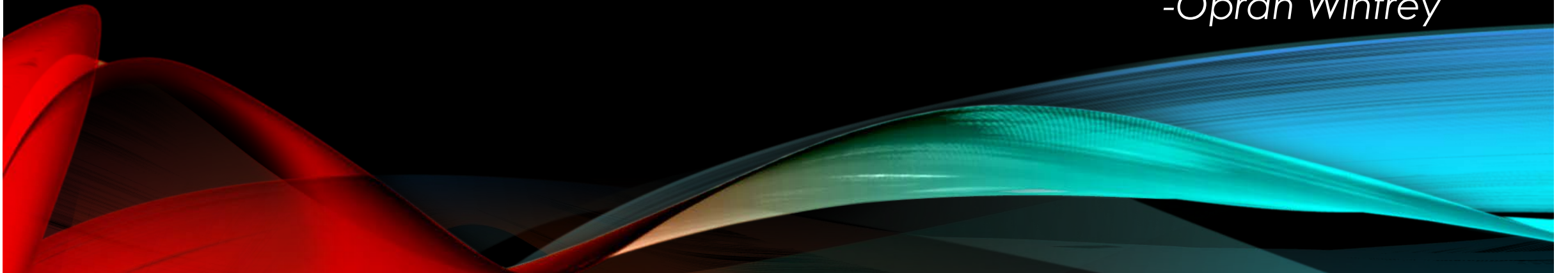
I live the space of thankfulness – and I have been rewarded a million times over for it.

I started out giving thanks for small things, and the more thankful I became, the more my bounty increased.

That's because what you focus on expands, and when you focus on the goodness in your life, you create more of it.

Opportunities, relationships, even money flowed my way when I learned to be grateful no matter what happen.

-Oprah Winfrey





NOW GO FORTH!

- Be curious
- Look for the other perspectives
- Invest in relationships
- Be gracious to others and kind to yourself
- Move and keep moving
- Remembers it is a marathon not a sprint -
- Be grateful
- And leave it better than you found it

There are two ways to live; as if nothing is a miracle or as if everything is
a miracle.

– *Albert Einstein*